(Im)Mobility and Health Disparities: Assessing Healthy Accessibility Options in an Urban Neighborhood

Principal Investigator David Sloane, Professor, Price School of Public Policy, USC Co-Principal Investigators LaVonna Lewis, Professor (Teaching), Price School Lisa Schweitzer, Associate Professor, Price School

313 Lewis Hall MC 0626 Price School of Public Policy University of Southern California Los Angeles, CA 90089-0626

Contact: <u>dsloane@usc.edu</u> 213-740-5768

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Executive Summary

At the time of our proposal, scholars had already demonstrated that minorities, especially African Americans had less access to cars, especially those with less education, so they were less likely to be able to travel to healthy resources. Giuliano (2001) had argued that the answer is either to promote private car ownership or to encourage "economic development policies to increase the supply of jobs, goods and services in low income neighborhoods." However, we have relatively little information on individual activities at a neighborhood scale since most descriptions of shopping and services are taken from large national surveys.

Our study attempts to increase the understanding of the relationship of transportations modes to retail goods and services around nutrition and physical activity by using a sample from an African American church located in South Los Angeles. We followed travel patterns, checked health status, and examined food resources to triangulate the possible relationship of these factors. By getting individual data at a neighborhood scale about travel, shopping and health status, tying that to previous work done on the location and quality of food markets, and analyzing both in comparison to the existing literature, we attempted to better describe the role transportation plays in inhibiting or promoting healthy lifestyles.

Our results found that a large number of respondents had no car, yet most were able to travel to work and to the store by car. A significant percentage of respondents did use transit, but in much smaller numbers those using their own or shared cars.

Our major finding are that these, largely low-income minority households view supermarkets as the key to their grocery shopping, and that they are willing to travel relatively long distances (averaging roughly 30 minutes) to get to those stores. They are able, even when the household only has one car, to travel to the store mainly by car, suggesting a strong motivation, again, to use the supermarket as their primary shopping destination for food.

As policymakers and planners consider the different strategies of either improving local small markets or attracting supermarkets to underserved communities, our findings suggest the importance of the supermarket to residents. Moreover, for low-income residents that report chronic diseases and limited access to health care resources, having more access to supermarkets may be even more critical as they attempt the nutritional changes necessary to better manage their health.

Introduction

At the first NIH summit on the science of eliminating health disparities (2008), Robert Valdez, Executive Director of the RWJF Center for Health Policy, asserted, "Housing policy is health policy; transportation policy is health policy; and yes, agricultural policy is health policy." This proposed project responds to that sentiment by examining the relationship between nutritional resources, individual mobility and health status. We argue that resource location, which is tied to neighborhood characteristics, affects the availability of health food resources, placing a greater importance on the role of mobility in the ability of individuals to eat nutritiously.

At the time of our proposal, scholars had already demonstrated that minorities, especially African Americans, "are significantly less likely than whites to have access to cars, and these differences are greater for the less educated" (Stoll, 2004; Holzer, et al, 1994). They had also shown that while public transit is an important source of transportation for millions of Americans, it remains inefficient and inflexible. Giuliano (2001) had argued, along with other scholars, that the answer is either to promote private car ownership or to encourage "economic development policies to increase the supply of jobs, goods and services in low income neighborhoods." However, as Handy and Clifton had written (2001), researchers have relatively little information on individual activities at a neighborhood scale. Most descriptions of shopping and services are taken from large national surveys that offer limited information on the complicated ways that individuals use their neighborhood resources or from a few local studies that often count resources as a method of evaluating accessibility.

Scholars also had shown that vulnerable populations, such as African Americans, are at significantly higher risk for cardiovascular disease, diabetes, and other illness conditions that have been shown to be related to neighborhood characteristics and the availability of health, nutritional, and recreational resources. African Americans die at a much higher rate from such conditions and suffer from higher rates of related morbidity conditions. For instance, the Office of Minority Health (2013) reports: "African Americans are twice as likely to be diagnosed with diabetes as non-Hispanic whites. . . . Although African Americans have the same or lower rate of high cholesterol as their non-Hispanic white counterparts, they are more likely to have high blood pressure.

- African American adults are twice as likely than non-Hispanic white adults to have been diagnosed with diabetes by a physician.
- In 2008, African American men were 2.7 times as likely to start treatment for endstage renal disease related to diabetes, as compared to non-Hispanic white men.
- In 2008, diabetic African Americans were 1.7 times as likely as diabetic Whites to be hospitalized.
- In 2009, African Americans were 2.2 times as likely as non-Hispanic Whites to die from diabetes."

We attempted to increase the understanding of the relationship of transportations modes to retail goods and services around nutrition and physical activity. Using a sample from

an African American church located in South Los Angeles, we followed travel patterns, checked health status, and examined food resources to triangulate the possible relationship of these factors. We asked do individuals with less access to a private automobile have access to the same set of food resources? Do individuals with poorer health status use different travel strategies to procure their food resources? Is there an inter-relationship between health status and the accessibility of food resources in a community? By getting individual data at a neighborhood scale about travel, shopping and health status, tying that to previous work done on the location and quality of food markets, and analyzing both in comparison to the existing literature, we attempted to better describe the role transportation plays in inhibiting or promoting healthy lifestyles.

Methods

At that same NIH summit, Marci Campbell, a researcher from the University of North Carolina, quoted Reverend Tuggle, a minister involved in her research, as stating, "You must work with the center of the community, and the church is the center of the African American community" (Author's notes). We drew our sample from an African American church located on 68th Street in South Los Angeles.

A total of 83 adults completed the Travel and Health Survey. The sample included, although to a lesser degree than we had hoped, the following categories of individuals:

- 1. Individuals who both drive and have their own car;
- 2. Individuals drive and who live in households with an automobile, but who may only have limited access to that car as it serves primarily as a means for others' commuting;
- 3. Those who rely on others for rides
- 4. Transit users;
- 5. Walkers and bikers.

Among those who use public transit, walk, and rely on others for rides, there were a significant amount of overlap. People who are not drivers use a variety of modes to get what they need.

The Travel and Health Survey provides detailed information about their travel routines, their shopping routines, and their health status (See Appendix A). The survey provides us with basic information about the individual's health, which we will use to categorize them into groups of healthier, more mobile individuals versus less healthy, less mobile individuals. We use this dichotomy as a way to examine whether health status interacts with mobility and the healthiness of stores.

Results

We were able to collect interviews with 83 adult members of the Southern Baptist Church of South Los Angeles.

Demographics

Two-thirds of the respondents estimated their household incomes as below \$30,000, suggesting the survey reached the populations we were most hoping to interview. The age range of the respondents was split largely into two groups: 51% were over the age of 55, while 36% were under the age of 35. Ninety-six percent of the respondents were African American. Roughly one out of five respondents had completed college, while only 13% owned their own home. Essentially, they represent a varied group of South Los Angeles residents, reflective of the economic, educational challenges confronting the communities in that area.



Figure 1: Respondent Household Income

Health Status

Overall, the respondents reported they were in good health (64%), with only 3% stating their health status was poor and 26% very good or excellent health. However, as the next figure attests, lower income respondents were more likely to report poor health than higher income respondents.



Income Group Figure 2: Income Cohort by Health Status

A relatively high percentage (12%) reported feeling poorly 14 or more days in the last month, which suggests the group does have some chronic health issues. As does, the respondents' reporting that 38% of them had been told by a health professional they had high blood pressure, 19% high cholesterol, and 14% depression or some other depressive disorder. However, fewer than one in ten had had a heart attack or had been diagnosed with diabetes. The foundation for increased health risk is present, though, with 79% of the respondents reporting BMIs (Body Mass Index) signifying they are overweight or obese. In addition, access to health care services is problematic, as 34% of all respondents reported not having a routine medical check-up in the last year, and just over a quarter of the respondents (26%) reported they did not get medical care they needed because they could not afford it.



Figure 3: Respondent Body Mass Index

General Transportation

Fifty-eight percent of respondents owned a car. Only 6% of households had no car, but a majority of respondents either had no car or one car, which is not the trend in households with more than one person. 44% of respondents had 2 or more cars. Their commuting trends mirror those of residents of low-income neighborhoods around the nation: roughly half drive alone, 8% carpool, 25% ride transit, and 6% either walk or bike to work.



Number of Cars Reported

Figure 4: Number of Cars Per Household

Nutrition and Physical Activity

Eighty-eight percent of respondents reported that they had eaten in a fast food restaurant. Of those respondents, 8% ate there more than four times a week, while just over half (55%) ate there 1-3 times a week. As the figure below shows, families with children were more likely to eat in fast food restaurants, but not as heavily as the small number of respondents without children.



Income Group Figure 5: Number of Fast Food Meals by Number of Children in the Family

In contrast to the high number of fast food customers, only 73% of respondents had eaten any fresh vegetables and fruits the day before. Of those respondents, only 11% had eaten 5 or more servings, the recommended daily level (and, only 8.3% of the whole sample ate the recommended level). Sadly, our sample is not that very different from Americans as a whole.

In the area of physical activity, the sample was much better than many national samples. While 65% of respondents thought that the neighborhood they lived in had safe places to be physically active, almost all of them were physically active. However, as the next figure shows, higher income households were much more likely to believe the neighborhood had safe places to be active than lower income households.



Figure 6: Neighborhood Safe Places to be Active by Household Income

Grocery Shopping

Respondents did not shop as frequently as we predicted, with 60% going to store less than twice a week. We believe that this result may have come from a misunderstanding that we were asking about supermarkets only, but it could also reflect the lack of available transportation (thus, making one large shopping trip a week) and a reliance on a shopping destination that is farther way than a short routine trip would allow. How respondent got to the store may suggest the latter is correct. While 54% rode alone, almost one-quarter rode with a spouse or a child. The very small number that walked to the store (one out of ten) or rode the bus (5%) is suggestive. As is the length of trip time estimated by the respondents.





Figure 7: Number of Shopping Trips Per Week

Over half of respondents stated that the stopped on the way home from work at the store. However, the mode of their commute dramatically affected their ability to add a trip to the grocery shopping to their daily commute. As the figure below shows, carpool participants were much less likely to stop, as were the very few bicycle commuters.



Commute Mode Figure 8: Grocery Trip Chaining by Commute Mode

As the next figure suggests, however, the commute mode did not affect the number of stops per week in any significant pattern. Drive alone commuters, carpool participants, and transit users all had varied patterns.



Figure 9: Number of Grocery Stops Per Week by Commute Mode

As the next figure suggests, higher income households were more likely to send their children to the store than lower income households, perhaps out of a fear of the safety of the neighborhood or the availability of a car for them to drive.



Income Group Figure 10: Sending Children Shopping by Household Income

Even though we asked respondents to provide us with multiple places that they shopped, almost all (90%) of the shopping destinations that they provided were supermarkets. The only alternatives that they provided suggest the dearth of other options available to them, save for the Wal-Mart that two respondents mentioned. The other "food stores" mentioned were the 99 Cent Store, RiteAid, Top Valu Market, and McDonald's. While we conducted inventories of the stores, given the lack of variation, we had a harder time instituting our preferred analyses showing the difference in resources offered by the different types of shopping outlets. Instead we focused on the distances that shoppers had to go to find the foods they wished to purchase. The accompanying map shows the stores shoppers frequented with the larger dots signifying locations mentioned multiple times.

Over half of the respondents said that typical trip took longer than 30 minutes (The range of the times was: 1-15=17; 16-30=19; 31-60=29; 61+6). When we did a shopping preference survey in 2001, contrasting South Los Angeles residents to West Los Angeles residents, the West LA residents reported that they typically could be at a grocery store in 10 minutes.

As the following maps suggest, the majority of our respondents lived in South Los Angeles, with a scattering of respondents around the Southern California region. We could not locate 19 incomplete addresses from our sample. The rest are mapped in Map 1.



Map 1: Respondents Mapped by Nearest Intersection

In Map 2, we show the clustering of the majority of respondents in the South Los Angeles area. The map does not show that several locations to the south of downtown, just west of the 110 Freeway had multiple respondents.



Map 2: Respondents Mapped by Nearest Intersection

In our final map, we then mapped the grocery store locations that respondents named in their surveys. Map 3 shows the majority of locations, omitting only those on the far outskirts of the region.



Map 3: Grocery Stores Frequented by Respondents

As the map suggests, most respondents shop relatively near to home. An inventory of the locations shopped reaffirmed that supermarkets generally have a wide selection of high quality fruits and vegetables located in well-maintained, well-managed stores. We did find minimal indications that some store brands, such as Food 4 Less, a warehouse-styled store with minimal services, had less desirable fruits. But even here, the evidence was sporadic (bruised peaches and pears), and not consistent across the stores. Most stores received high marks from our surveyors.

Conclusions

In our attempt to be better understand the relationship of travel and food access, we were successful in surveying the categories of respondents that we wanted. They varied in their income, access to automobiles, commute mode, and travel to grocery stores. However, our survey instrument proved less sensitive than we had imagined, drawing from the respondents almost entirely supermarkets, and not the variations of local markets and convenience stores that we know are located in large numbers in these neighborhoods. We believe that respondents "read" the survey to mean when they shopped at supermarkets or when they went on a major shopping trip, rather than all food shopping. We confirmed this anecdotally with a few respondents. Given the similarity of the stores, our efforts to analyze the differences between respondents and their shopping proved more limited than we had hoped.

Our major findings are that these, largely low-income minority households view supermarkets as the key to their grocery shopping, and that they are willing to travel relatively long distances (averaging roughly 30 minutes) to get to those stores. They are able, even when the household only has one car, to travel to the store largely by car, suggesting a strong motivation, again, to use the supermarket as the primary shopping destination for food. These findings reflect previous literature on travel times (Clifton, 2004) and on longer times and distances for non-commute travel (Blumenberg et al, 2007).

As policymakers and planners consider the different strategies of either improving local small markets or attracting supermarkets to underserved communities, our findings suggest the importance of the supermarket to residents. Moreover, for low-income residents that report chronic diseases and limited access to health care resources, having more access to supermarkets may be even more critical as they attempt the nutritional changes necessary to better manage their health.

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Appendix A:

Travel and Health Survey Instrument With Reponses to Selected Questions

USC Travel and Health Survey

Thank you for participating in this project, and for completing this survey. You may skip questions that you do not wish to answer. We will keep the information in this survey confidential.

The first set of questions is intended to tell us about your travel and your activities. We ask you this information to get a sense of your everyday, basic travel patterns and what routes are familiar to you.

| 1. | 1. What is the number of cars available in the household? 0=5; 1=40; 2=27; 3+=9 | | | | | | | |
|---|---|---|--|-----------------------------|----------------------------------|--|--|--|
| 2. | Do any of yo | our children drive? | | 29 Yes | 52 No | | | |
| 3. 46 2 V | How do you Drive alone Valk | usually use to get to wor 6 Carpool with spouse; C 20 Public Transit | k if you travel to we arpool with friends 2 Bike | ork? (Please /co-workers | e circle) s/others 7 Other | | | |
| 4. | Do you som | etimes take a different wa | y, such as walk or | take transit □ Yes | or carpool? □ No | | | |
| 5. | If so, about I | how many times a week d | o you do so? | | | | | |
| 6. Wi | In what gene Ishire" or "Do | eral area of the city do you wntown Inglewood" is fine | work? For examp —no need to be ex | le, "Downto kact. | own" or Mild- | | | |
| 7. (If | Are you resp no, please go | oonsible for picking up chi to question 10 – Do you | ldren after school? stop for food on the | 23 Yes e way home | 57 No from work? | | | |
| 8. □ □ | How do you Drive alone Walk | normally pick up your chil □ Spouse gives rides □ Public Transit | dren? □ Son/Daughter □ Bike | or other rela | ative picks me up □ Other | | | |
| 9. About where do you pick up these children? Please list the locations as specifically as you can (for instance, near the intersection of Crenshaw and Stocker). | | | | | | | | |
| | | | | | | | | |
| 10 | . Do you stop | for groceries or food on y | our way home fron | n work? □ □ | Yes □ No Don't know | | | |
| 11 at | 11. Please list the places you shop and give as specific location as you can (for instance, at the corner of Crenshaw and Stocker). | | | | | | | |
| | | | | | | | | |

| 12. How many ti | mes do you shop for groc | eries per week on a typi | ical week? |
|--|---|---|---|
| 13. How long do 60=29; 61+6 | es it take you to get from | work to the store? 1-15= | =17; 16-30=19; 31- |
| 14. How long do | es it normally take you to | do your shopping? | |
| 15. How does it t | take you, shopping and a | II, to get from work to h | 10me? |
| 16. How long do | es it take you to get from | your home to the food s | tore? |
| 17. If you are lea the store or farm □ Drive alone □ Walk | aving from home and need er's market? □ Spouse gives rides □ Public | d to get groceries, how o □ Son/Daughter or oth □ Transit Bike | do you normally get to er relative picks me up □ Other |
| 15. Do you go to regular basis by can (for instance | any other food markets, walking or bike? Please I e, at the corner of Crensha | farmers' markets, or oth ist them and give as spe aw and Stocker). | er food purveyors on a ecific location as you |
| 16. Do vou ever | send one of your childrer | to the store for you? | □ Yes □ No |
| 17. Please list pl | aces they are most likely | to shop for food for you | r family at your request. |
| 18. Do you have | any food item delivered t | o your home? Please s | pecify? |
| In the second se questions help u travel. We realize specific persona | et of questions we will ask is understand how difference e that some of this inform I information will not be si | you a little about you an nt people and families h ation is quite personal. hared with anyone. | nd your family. These ave different needs for We guarantee your |
| 1. What is the c | closest intersection to whe | ere you live? (An interse | ction such as |
| Crenshaw and S | tocker) | | <u></u> |

2. Number of adults (over 18) in the household 1=13; 2=35; 3=19; 4+=10

| 3. | Number of men (over 18) in the household | | | | | |
|----------|---|------------------------------|--------------|----------|--|--|
| 4. | Number of drivers in the househol | d 0=1; 1=19; 2=45; 3=1 | 3; 4+=4 | | | |
| 5. | Number of children under 18 in ho | ousehold 0=30; 1=22; 2= | 12; 3=6; 4+ | =4 | | |
| 6. | What is your age: | □ 18 to 35 years | 🗆 55 to 7 | '5 years | | |
| | | □ 35 to 55 years | □ Over 7 | 5 years | | |
| 7. | Ages of other adults in the househ | olds (check all that apply |): | | | |
| | - | □ 18 to 35 years | □ 55 to 7 | '5 years | | |
| | | □ 35 to 55 years | □ Over 7 | 5 years | | |
| 8. Am | How would you characterize your nerican, Italian-American?) | ethnicity? (i.e., Mexican A | American, A | frican | | |
| 9. | How would you characterize the e | thnicity of the other adults | s in the hou | sehold? | | |
| 10. | . How would you characterize the e | thnicity of the children in | the househ | old? | | |
| 11. | How would you characterize your | English language proficie | ncv? | | | |
| | Native speaker | ☐ Good non-native speak | er | | | |
| | Learning to speak English | □ No English | | | | |
| 12. | Have you completed a college deg | gree? | 17 YES | 66 NO | | |
| 13. | Has your spouse/partner complete | ed a college degree? | 15 YES | 57 NO | | |
| 14. | 4. Do you own your residence? | | 13 YES | 71 NO | | |
| 15. | Do you own a car? | | 55 YES | 32 NO | | |
| 16. | Do you have a driver's license? | | 63 YES | 21 NO | | |
| | | | | | | |

17. We don't need to know exactly, but is your annual household income from all sources before taxes is ...?

27 Less than \$10,000; 21 Between \$10,000 and \$30,000; 13 Between \$30,000 and \$50,000; 7 Between \$50,000 and \$75,000; 7 More than \$75,000

The last set of question is about your neighborhood, household and your health status. We realize that some of this information is quite personal. We guarantee your specific personal information will not be shared with anyone.

| How safe from crime do you consider your neighborhood to be? Very safe 40 Somewhat safe Somewhat unsafe 10 Not safe at all | | | | | | |
|--|--|---|---|--|--|--|
| 2. Are there safe places in your neigh sidewalks and streets for walking or j | borhood to be ogging? | physically acti 51 Yes 17 | ve, including No 14 Don't know | | | |
| 3. In what type of housing do you currently live? □ Single-family home □ Condominium/Townhouse □ Apartment Building □ Something Else | | | | | | |
| 4. Do you own or rent your home? | □ Own | □ Rent | | | | |
| 5. Would you say that your health wa 12 Excellent 17 Very Good | s? 49 Go | ood | 2 Poor | | | |
| 6. How many days in the last 30 days 18; 4-7=15; 14/15=3; 20+=6 | s would you say | / your health w | /as poor? 0=30; 1-3= | | | |
| 7. How healthy do you think your diet6 Very healthy?14 Somewhat unhealthy | is? Would you 51 Somewhat I 6 Very unhealt | say it is? nealthy hy | | | | |
| 8. We know that your height and weig going to share your specific measure accurate as possible so we can unde | ght is a persona ments with any rstand your hea | al matter. Don' one, but we ne alth status. | t worry, we aren't eed them to be as | | | |
| 9. How tall are you? 10. How much do you weigh? | BMI: | >25=18; 25-29 | =23; <29=40 | | | |
| 11. How many servings of fruits and | vegetables did | you eat yester | day? >5=53; <5=8 | | | |
| 12. How many times do you eat in any restaurant?4 4 times a week 50 1-3 times a week 25 Less than once a month 2 Not at all | | | | | | |
| 12. How many times do you eat in a fast food restaurant?6 4 times a week26 1-3 times a week42 Less than once a month7 Not at all | | | | | | |
| 13. Have you ever been told by a doo a. A heart problem, such as cord or had a hearth attack? b. Diabetes or sugar diabetes c. High blood pressure d. High cholesterol e. Depression or some other depressive disorder | ctor or other he onary heart dise 7 Yes 7 Yes 48 Yes 58 Yes 13 Yes | alth profession ease, angina, 65 No 66 No 29 No 17 No 62 No | al that you have …? 1 Don't know 0 Don't know 0 Don't know 1 Don't know 1 Don't know | | | |

| 14. In a usual week, do you e | exercise vigorou | isly or mode | rately for at least | 10 minutes at |
|---|-------------------------------|----------------|---------------------|---|
| a time without stopping, inclu | ding while you | are at work. | 52 Yes | 30 No |
| 15. How days a week? 0-2= | 19; 3-4=23; 5+= | :25 | | |
| 16. Are you covered by healt | h insurance or a | any other kir | nd of health care | olan? |
| | 67 | Yes | 14 No | 1 Don't know |
| 17. Overall, how easy or diffic5 Very difficult15 Sor | cult is it for you | to get medic | cal care when you | need it? |
| | newhat difficult | 31 Somev | vhat easy | 31 Very easy |
| 18. In the past year, was then because you could not afford | re ever a time w | hen you nee | eded but didn't ge | t medical care |
| | it? 22 Yes | 58 No | 2 Don't knov | v |
| 19. About how long has it beer routine check-up is a general condition? | en since you las | st visited a d | octor for a routine | e check-up? A |
| | physical exam | , not an exa | m for a specific in | jury, illness or |
| 50 Less than 12 months; 16 1 | year but less th | an 2 years; | 7 2 years but les | s than 5 years; |
| 6 5 or more years; □ Ne | ever | [| ∃ Don't know | |
| 20. From which of the following | ng sources do y | ou get heal | th-related informa | tion? Check as |
| □ Radio □ Newspapers/Magazines | □ Television □ Doctors/Hea | alth Care Pro | ovider | ☐ Internet☐ Family |

Thank you for your participation in this survey!

Appendix B:

Shopping List Instrument With Selected Results

| ID: Observer(s) names: | 9.How was the cleanliness of the store (please check one response)? | | | |
|---|--|-----|--|--|
| Date:// | 51 Very Clean 11 Somewhat Clean | | | |
| Time:: to: | 0 Somewhat Dirty 0 Very Dirty | | | |
| 1. Store name: | 10. How was the service at the store? (We the employees friendly, attentive, clean appearance; please check one response)? | ere | | |
| 2. Store address: | 38 Excellent 14 Good 7 Fair 0 Poor | | | |
| Zip Code: | 11. Does the store carry (Check all iten the store carries) | ۱S | | |
| Type of store: Supermarket Local Market | 54 Whole chicken 54 Skinless | | | |
| 5 Convenience Store | Ground turkey Fresh fish | | | |
| 4. What is the overall size of the store?2 Small | Cheese Low/non-fat | t | | |
| 15 Medium 45 Large | YogurtLow/non-fat | t | | |
| 5. Is it a chain (More than one of store)? | Tofu Canola or Olive oil | | | |
| 59 Yes 1 NoDon't Know | Whole milk 1% or 2% m | ilk | | |
| C. Number of edgin display windows | 57 Soy milk 58 Non-fat mill | < | | |
| 0=15; 1-3=14; 4-6=18; 7-9=5; 10+=8 | Salad dressing Lo-fat | | | |
| 7. Number of ads for healthy foods (i.e. | White rice Brown rice | | | |
| 0=52; 1-3=3; 4-6=1; 7-9=2; 10+=1 | White bread Wheat brea | d | | |
| 8. Information promoting dietary | CookiesLow-fat | | | |
| YesNo | Potato chips Low-fat chip |)S | | |
| | | | | |

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| 12. Record the prices of: | | | | | | |
|--|--------------------------------|-------------------------------|----------------------------------|--|--|--|
| Loaf of bread | | | | | | |
| \$White | \$ | Who | le wheat | | | |
| Qu | art of | milk | | | | |
| \$Whole | \$ | 1% c | or non-fat | | | |
| 8 (| oz vo | gurt | | | | |
| \$Regular | \$ | Low | /non-fat | | | |
| 1 | .6 oz | Oil | | | | |
| \$Vegetable | \$ | Olive | 2 | | | |
| 16 oz Bag | g of p | otato ch | ips | | | |
| \$Regular 1 lb Cł | \$ | Low/ n breast | 'non-fat | | | |
| \$With skin | \$ | Wit | hout skin | | | |
| 13. Does the store carry fresh vegetables?56 Yes 5 No | | | | | | |
| How Many Types/\ (Include bagged an | Variet Id loo | ties? se vege | tables) | | | |
| 14. What price are the expensive not on spectrum Lowest Price | he ve <u>ecial)</u> ; ce | getables are they Clean | <u>(least</u> clean? Dirty | | | |
| Carrots \$ | | | | | | |
| Lettuce \$ | | | | | | |
| Potatoes \$ | | | | | | |
| Tomatoes \$ | _ | | | | | |
| Greens \$ | | | | | | |
| Broccoli \$ | | | | | | |
| Green Beans \$ | | | | | | |
| Other \$ | | | | | | |

| 15. Are the vege Carrots | etables | Firm/cris | p Mushy |
|--|---|--------------------------------|-------------|
| Lettuce | | | |
| Potatoes | | | |
| Tomatoes | | | |
| Greens | | | |
| Broccoli | | | |
| Green Beans | | | |
| Other | | | |
| 16. Are the vege | etables Not Dar | ? naged D | amaged |
| Carrots | 55 | nugeu D | 0 |
| Lettuce | | | |
| Potatoes | | | |
| Tomatoes | | | |
| Greens | | | |
| Broccoli | | | |
| Green Beans | | | |
| Other | · | | |
| 17. Does the sto 56 Yes How Many Type (Include bagged | ore carry 4 No es/Variet 1 and loo | fresh fr ties? se fruit) | uit? |
| | | | |

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| 18. What price are the fruit (least expensive type not on special); are they clean or dirty? Other Lowest Price Clean | | | | | | |
|---|-------------|-------|-----------------|------------------|--------|--|
| Apples \$ | | | 20. Are the fru | ıit? | | |
| Oranges \$ | | | | Not Damage D | amaged | |
| Pananac Ś | | | Apples | 45 | 11 | |
| Dallallas Ş | | | Oranges | | | |
| Grapes \$ | | | Dawawaa | | | |
| Pears \$ | | | Bananas | | | |
| | | | Grapes | | | |
| Grapefruit \$ | | | Pears | | | |
| Other \$ | | | | | | |
| 10 Are the fruit E | irm/crisp N | Auchy | Grapefruit | | | |
| Apples _ | | | Other | | | |
| 0.000 | | | 21 M/haraiat | ha fuuit/uaastah | | |
| Oranges _ | | | Near Entra | ince Ba | ck | |
| Bananas _ | | | | | | |
| Grapes | | | 22. Any other | comments? | | |
| | | | | | | |
| Pears _ | | | | | | |
| Grapefruit _ | | | | | | |